



WhiteSands Provides Boutique Addiction Treatment Experience in Fort Myers and Sees Better Recovery Outcomes

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Fort Myers, FL - Michelle, a recent client of WhiteSands Alcohol and Drug Rehab in Fort Myers, credits her recovery success, in part, to the individualized care she received during her time there.

"I personally liked the smaller feel of this facility. I was given more personal time and felt like part of a family amongst people sharing the same issues," she said.

The Fort Myers addiction treatment center has found that applying a custom-tailored approach and focusing on patients' comfort during treatment actually increases their chances of achieving lifelong sobriety. Since its founding in 2014, WhiteSands' mission has been to raise the industry standards in the field of addiction treatment.

Founders Garry Jonas and Joseph Ducey said, "We recognized that national relapse rates were abysmal

and treatment protocols have remained stagnant for years. We had a vision to create a treatment program that stood well above its competitors and that treated patients as individuals while providing many of the comforts of their home environment.?

WhiteSands' innovative approach is proving to be a success. The rehab center has received hundreds of 5-star Google reviews from clients like Michelle and they were recently ranked the number one addiction treatment center in Florida by Newsweek magazine for the second year in a row. Newsweek bases its annual rankings on the quality of care, services, follow-up care, accommodations, and amenities a treatment center provides.

WhiteSands also places a strong emphasis on its life skills and relapse prevention programs. The period just after a person completes inpatient treatment is an especially vulnerable one so WhiteSands sets patients up for success by transitioning clients gradually down through less restrictive levels of care. This way patients in early recovery can learn to apply the skills they've learned in treatment to their daily lives with strong support in place. WhiteSands operates outpatient treatment centers throughout Florida and sets patients up with an outpatient treatment plan before leaving residential care. Their unique life skills program helps people maintain a healthy and balanced routine to minimize stress and the risk of relapse.

WhiteSands has helped tens of thousands of people recover and learn the skills required to successfully manage addiction. When a person is recovering from drug or alcohol dependence, triggers and temptation are an inevitable part of life. Knowing how to navigate situations that put sobriety in jeopardy can be the difference between recovery and relapse. Having a strong support system in place means clients know where to turn in times of uncertainty.

Anyone struggling with substance abuse can speak to an addiction specialist at any time by calling (877) 640-7820. WhiteSands intake team is available 24/7 to take calls and offer guidance. For more information visit www.whitesandstreatment.com.

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WhiteSands Alcohol & Drug Rehab Fort Myers

Fort Myer's #1 destination for detox & rehab treatment from prescription, alcohol, and drug addiction. Come

experience the WhiteSands difference. Private rooms, amazing amenities, and world-class recovery results.

Website: <https://whitesandstreatment.com/locations/florida/fort-myers-drug-treatment-center/>

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